

2025-2026

*Natalia Quiroz*



**PN REFLECTION**

# WHAT BEING A PN MEANS TO ME

- **Helping others through my own experiences and one-on-one support, guidance, and mentorship**
- **Learning every day**
- **Receiving guidance from others when needed**
- **Not knowing what to do all the time is okay as long as you are open to finding a solution**

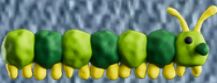
**Building trust, advocating for others, and learning as you go!**



**Received messages from my mentees outside of school and meeting times, gifts, and even jobs they think would be good for me**



**Worked 2 jobs, ran 2 clubs, 1 internship, and a full-time course load all at the same time!**



**More boundaries for myself and for others, more time management, better emails!**

# My support system



**My friends, on and off- campus  
My boyfriend**



**My family! My dog! Nature! Sun!**



**My coworkers and PN family!  
The amount of support is  
astounding all around**

**BE EASY ON YOURSELF: HOW WOULD YOU ACT IF A MENTEE TOLD YOU WHAT YOU ARE STRESSING ABOUT?**

**ASK QUESTIONS AND YOU WILL GET FAR! TAKE ADVANTAGE OF THE RESOURCES AND BE BRAVE**



**BE EMPATHETIC AND KNOW WHEN TO ASK QUESTIONS ABOUT SITUATIONS**

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*Mentee Lessons*

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# Final Words:



Thank you all for being such lights in the sky, making it an inclusive environment, being oh so silly, and so so helpful, always giving such incredible advice. I am so grateful to know you all, and develop friendships, learn about your lives, you are all so accomplished!  
I am so proud to be a PN with you all:)

# MEMORABLE *moments*

- **KARAOKE AND HEARING KYLE + CRISTINE SING FOR THE FIRST TIME**
- **D'LOH AND I SIGNING AND DANCING AT 8 AM EVERY MONDAY + LEARNING AB STEREO AND SPEAKER SYSTEMS**
- **JUST DANCE W/ SAMARA AND SOFIA!**
- **Maybe too soon to be mentioned, but WIFI OUTING AND PLAYING GOOSE AND DUCK WITH CAT**
- **CUBICLE CHATS WITH STOLZ and DEEP THOUGHTS + CONVERSATIONS AB AI**
- **ASHLYN BRAIDS AND YAP SESHES + UCI!**
- **THAT LAST HOUR OF OFFICE HOURS OF YAPPING WITH MILES**
- **LEARNING AB GIFT IDEAS WITH JESUS, AND CARS!**
- **MORNING CHATS WITH ALEXI ABOUT EVERYTHING(I saw Noodle in UCB!) AND SHARING PHOTOS FROM BOTH OUR LIVES AND TRIPS:)**
- **OLD SCHOOL MUSIC CONVOS WITH AGUSTIN + LA TALKS**



*Love you all:)*

<https://publuu.com/flip-book/1104606/2460494>